

Goals of service

- ▶ To support people back into employment
- ▶ To re-activate your CV
- ▶ To help people to identify their career options and goals
- ▶ To support people in building their self-confidence by identifying their skills and abilities
- ▶ To help people to explore and access education and training opportunities
- ▶ Support people into self-employment or enterprise start-up.

A Free, Confidential and Independent Advice and Guidance Service



**BECOME MORE
JOB READY**



SECAD
South & East Cork Area Development



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South & East Cork Area Development



SECAD Employment Pathways Service supporting people in their search for employment, education or training

LOCATIONS & TIMES

Weekly by appointment only

MIDLETON

SECAD Training Centre,
Owennacurra Business Park, Middleton
Monday & Tuesday, 10am - 5pm

COBH

Cobh FRC, Park House, Cloyne Terrace, Cobh
Tuesday 10am-5pm

YOUGHAL

Cumann Na nDaoine, 4 Catherine St, Youghal
Thursday, 10am-5pm

CARRIGALINE

Youth & Community Centre, Carrigaline
Wednesday 10am-5pm

BALLINCOLLIG

FRC Old Village Shopping Centre, Station Road, Ballincollig
Thursday 10am-5pm

MACROOM

MacroomE Centre, Bowl Road, Macroom
Tuesday 10am-5pm

To make an appointment please call
021 461 3432 Monday-Friday

Employment, Education & Enterprise Services



SECAD helping you explore your
employment, training & education
or enterprise options



EUROPEAN UNION
Investing in your future
European Social Fund



Comhshaoil, Pobal agus Rialtas Áitiúil
Environment, Community and Local Government

The Social Inclusion and Community Activation Programme (SICAP) 2015-2017 is funded by the Irish Government and co-funded by the European Social Fund and includes a special allocation under the Youth Employment Initiative.

Midleton Community Enterprise Centre
Owennacurra Business Park, Knockgriffin, Midleton, County Cork

Tel +353 21 4613432 Email info@secad.ie Follow SECAD  

www.secad.ie

HOW WE CAN HELP?

Employment, Education & Training

- ▶ Support you to identify career options & goals
- ▶ Help you to explore & access education and training options
- ▶ Identifying supports available in returning to education



- ▶ Assessing the benefits of work & what it means to you financially
- ▶ Support with CV's, cover letters & application forms
- ▶ Interview Techniques & Skills



Enterprise & Self-employment option

- ▶ Assessing your business idea
- ▶ Is there a market for your product or service?
- ▶ Identify training gaps and set goals
- ▶ Help with preparing a business plan



- ▶ Support with applying for BTWEA (Back to Work Enterprise Allowance) & other supports through Department of Social Protection
- ▶ Information on other supports available for business start-ups; Enterprise Support Grants; SURE (Start up Refunds for Entrepreneurs); Start your own Business Relief

How do we provide support?

- ▶ One to one Coaching in career planning (By appointment only)
- ▶ Advice & guidance on Job-seeking and on-line applications
- ▶ Personal development & motivational training



PROMOTE LIFELONG LEARNING

- ▶ Discover your transferrable inter-personal skills & abilities
- ▶ Group training in CV & Interview skills
- ▶ Group workshops on return to education, retraining & upskilling and related supports
- ▶ Group workshops on the benefits of work routes & supports available and what it means to you financially